

# Welcome To The Blue Light Festival

**We are pleased** to see you here and hope you have a good day at the event.

**We are here to explain** to people who have a health, disability or other problem how to learn about, educate and:

**Overcome their STIGMA!**

## How did Stigma.org.uk get started?

**Stigma.org.uk** started in year 2000 and in 2008 we have become a charitable company limited by guarantee incorporated as Stigma Trust.

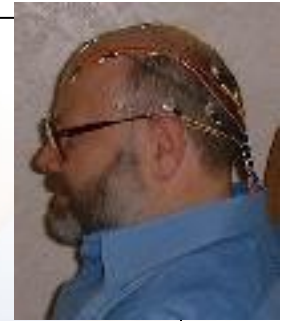
On the website we have an online store:

**Stigma-Store.com** where you can buy items to help overcome stigma **and** support our project.

We also have **GetGoing.org.uk** – a **free holidays** programme designed for people with a stigma.

Even one that is invisible.

# How did Stigma.org.uk get started?



## My life by Andrew Brown

When I was one day old I had a brain hemorrhage. I was taking tablets for epilepsy for thirty odd years. The doctors said I would have epilepsy for all my life, and I was on anti-convulsion tablets.

In the year 2000 I was in Aberdeen, having several seizures. I was taken to the Royal Infirmary hospital where I was given an EEG scan. The doctor asked me for permission to video the EEG.

During the EEG I had seizures and when the doctor saw the video she came to me and said I think you are taking psychological seizures.

# How did Stigma.org.uk get started?



## John C Crook (Stigma due to mental health)

When I was diagnosed, or informed of what I had already come to understand as normal (bipolar disorder), I was searching for information on why and what made me different from everyone else. Not knowing that I was part of a worldwide network of so-called “genius” individuals.

With my colleague Andrew Brown, I have put together some information that I feel can help others to understand and also overcome the stigma surrounding mental illness.

Please register and post some information yourself!

## 2008 Stigma.org.uk incorporated

**The Objects** for which the Trust is established are to advance education, freedom of speech and human rights.

**To create** an understanding of the way stigma affects individuals using any promotional media available from time to time.

**To help individuals** learn about stigma, how it affects them, and teach and empower others to change their lives.

**To create programmes** that enable individuals to reverse the effects of stigma and educate others.

**To provide support services** that enable the continued and improved participation in activities regardless of, financial, physical, emotional and mental needs.

## Sponsor activities

**In 2007**, John, Bonnie and Andrew set out to do a sponsored walk from Fraserburgh to Aberdeen along the Buchan Railway Line. When we got to Strichen the next day, (Houston we have a problem). Andrew was flown by air ambulance to Aberdeen hospital with swollen legs from insect bites. John & Bonnie finished the walk.

**In April 2008**, Andrew, John and Bonnie took a boat from Inverness to Fort William along the Caledonian canals. Look in [Stigma-Store.com](http://Stigma-Store.com) for photos of the scenery on sale.

**In June**, John and Bonnie also walked from Inverness to Fort William down the Great Glen Way.

**In August/September 2009**, John and Bonnie will be walking from Glasgow to Fort William along the West Highland Way.

See our blogs for these on the website.

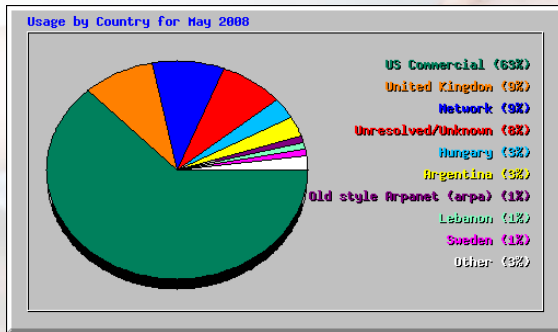
# Sight contents

## Including:

- **Articles from newspapers**
- **Personal experiences**
- **Book reviews**
- **And more...**

# Site statistics

Here are the statistics from all over the world and No:1 on Google search engine.



Most Popular Items	Created	Hits
OVERVIEW of Stigma.org.uk	2007-10-12 19:33:09	21890
Collie cross Gypsy is an ace carer	2007-12-24 00:00:37	562
Membership	2007-10-12 19:35:50	486
Never, Ever, Give Up!	2007-11-13 18:09:26	482
Our Mission	2006-12-05 16:32:48	452
New Mental Health Standards Revealed	2007-12-23 23:25:20	387
Take Part in Our Sponsored Boat Trip in 2008	2008-01-29 00:32:51	356
Sponsored Walk 2008	2008-04-15 14:17:16	317
Our Locations using Get-A-Map from Ordnance Survey	2007-10-12 16:40:47	297
Conditions of Use	2007-11-03 15:22:13	296

Web Images Maps News Video Mail more ▾

Google   [Advanced Search](#)  
[Preferences](#)

Search:  the web  pages from the UK

Web [Show options...](#) Results 1 - 10 of about 7,570,000 for stigma [definition]. (0.07 seconds)

Home - [Stigma.org.uk - RTS](#) - 5 visits - 13 Mar  
 Learn, Educate and Change your life! You can do this by reviewing the up to date information on this site, posting your own views and using the combined ...  
[www.stigma.org.uk/](#) - 31k - [Cached](#) - [Similar pages](#) -

Noisia - [Stigma](#)

6 min - 1 Sep 2008 -   
 cut  
[www.youtube.com/watch?v=xtpqBxkby4](#) -

[Stigma.org Mental Illness Mental Retardation Bipolar Disorder ...](#)

Mental illness is a condition that affect's a person's mood, thoughts and behaviors.  
[www.stigma.org/](#) - 8k - [Cached](#) - [Similar pages](#) -

# Your comments are important to us!

## Stigma.org.uk is your website!

- **Newsletter**
- **Easy** to contribute your experiences
- **Help and support** others to overcome their stigma
- **Register as a member** on the website from £10 per year

# Why GetGoing?

getgoing.org.uk



A Service for the Disabled

## Features:

- **Options for world travel for Partners and Shareholders**
- **Disabilities can all be accommodated**
- **Register online today as an Agent or Shareholder**
- **Help develop a real-life experience**

# Stigma Store & Marketing?

**We are looking for ideas!**

- **What features** do you want to see?
- **Marketing?**
- **Offers, promotion, products?**

**Stigma-Store**  **.com**  
**Promote • Donate • Motivate**

# Annual General Meeting

Join in with our AGM?

- Online
- E-mail
- Webcam
- Fax
- Text
- Telephone

30<sup>th</sup>  
June  
2009

# **Welcome To Stigma.org.uk**

**John and Andrew would like to thank you for your time to look at our presentation!**

**And if you have any questions for us to answer you can ask us at our stall or you can contact us by:**

- **Online**
- **E-mail**
- **Telephone**